

Quality-of-Life Outcome Measures

Child's Name _____ Parents _____

Families coming through the ABLE Program can share their hopes, dreams, opinions by using quality-of-life measures on zero-to-ten scales. On these scales a *ten* indicates the *highest* development or fulfillment on a given aspect. The magnitude of these numbers may be secondary to a sense of movement or change of direction. In other words, lower numbers may also show progress toward goals, potential and possibilities. **Dynamic changes in these numbers are seen over time. Recording them sequentially can reveal a positive direction from a discouraging past to uncovering or even inspiring higher levels of health within the family.**

Scoring Explanation

The **Parent Summary of Child Health Assets** is used by parents to score their sense of their child's general health status. It corresponds with the team's **Child Assets Scale** below.

ABLE's Child Assets Scale is a foundational measure giving a broad historical sense of the child's health status up to the recent past. It looks at the strength of the balance between the child and his or her supportive environment. It indicates the level of a family's goodness of fit.

Strengths in Daily Life are derived from the family's well being and reflect the current levels of competence which enable the child's mastery of the day.

Well Being

Comfort moments are drawn from the above health assets and are balanced against the **Hassles** being experienced in the family. Both reflect the family's present level of well being.

Meaningful Life

Confidence in the future reflects the family's drive and determination to promote current **Progress** and positive change toward the direction of given family goals.

Multiple-visit Scores

(Encircle the dots below to indicate the initial and subsequent zero-to-ten outcome scores:)

0-10 Scale	Child Assets Scales	Daily Life	Well Being	Meaningful Life
10
9
8
7
6
5
4
3
2
1
0
	<u>Parents</u> <u>ABLE's</u>	<u>Strengths</u>	<u>Comfort</u> <u>Hassles</u>	<u>Confidence</u> <u>Progress</u>

First Date _____
Second Date _____
Third Date _____

First Date _____
Second Date _____
Third Date _____